



# 1<sup>st</sup> Asian Narcolepsy & Hypersomnolence Society Meeting

March 24(Fri.)-March 25(Sat.), 2017  
COEX(Rm. 308), Seoul, Republic of Korea

Titles of symposia for the meeting	
March 24(Fri.)	March 25(Sat.)
Korean Narcolepsy Patients Association Meeting	Updates on the Pathophysiology of Narcolepsy
Workshop(Korean language)	Updates on the Diagnosis of Narcolepsy
Narcolepsy Overview and H1N1 Infection	Updates on the Comorbidity and Prognosis of Narcolepsy
Asian Investigator's Session and Hot Topics	Pharmacological Treatment of Narcolepsy and Hypersomnolence
Differential Diagnosis of Hypersomnia	

## ■ Registration

Early registration deadline: March 23rd

	Early registration	On-site registration
Physicians, Sleep clinicians	USD 40	USD 50
Residents, Sleep technicians, Students	USD 30	USD 40

[ Contact us ] TEL. 031-249-8216 / E-mail. 1103narae@naver.com

## ❖ Invited Speakers



**Emmanuel Mignot**  
(Stanford University, USA)



**Maurice M. Ohayon**  
(Stanford University, USA)



**Fang Han**  
(Beijing University, China)



**Yu-Shu Huang**  
(Chang Gung Memorial Hospital, Taiwan)



**Takashi Kanbayashi**  
(Akita University School of Medicine, Japan)



**Yuichi Inoue**  
(Tokyo Medical University, Japan)



**Makoto Honda**  
(Seiwa Hospital, Japan)



**Wing Yun Kwok**  
(The Chinese University, Hong Kong)



# 1<sup>st</sup> Asian Narcolepsy & Hypersomnolence Society Meeting [2017. 3. 24- 3. 25 COEX(308), KOREA]

We are extremely happy to invite you to participate in the 1st Asian Narcolepsy and Hypersomnolence Society Meeting which will be held on March 24(Fri.)-25(Sat.), 2017, at COEX, located in the center of Seoul, Korea.

Since 2006, many Asian researchers interested in the field of narcolepsy and hypersomnolence have gathered together in the Asian Narcolepsy Forum to share their passion and future perspectives, with its latest 8th successful meeting in Taiwan, 2016. To upgrade and extend our activities and research arena, key members of the Asian Narcolepsy Forum reached a decision to found 'Asian Narcolepsy and Hypersomnolence Society(ANHS).

Our first society meeting will commemorate our long maintained friendship, with abundant research topics to attract students, residents, sleep technicians and clinician investigators around the world. We have invited most renowned researchers, most updated perspective in the field of narcolepsy and hypersomnolence will be shared and discussed. We believe the meaning this meeting harbors, as well as the scientific genuineness of our symposia will attract you all.

Save the date for this meaningful event and hope to see you in Seoul.

Seung-Chul Hong  
President of Organizing Committee

■ Registration		
Early registration deadline: March 23rd		
	Early registration	On-site registration
Physicians, Sleep clinicians	USD 40	USD 50
Residents, Sleep technicians, Students	USD 30	USD 40
<b>All the registration will be received by e-mail below. <u>Please fill in the form attached (appendix 1)</u> and send it to the e-mail below. Any participant sending the registration form by March 23<sup>rd</sup> will be considered early registrants. All registration fees(early and on-site) will be received in cash during the conference.</b>		
[ Contact us ] TEL. 031-249-8216 / E-mail. 1103narae@naver.com		

## March 24(Friday), COEX(308)

10:00-10:50	<b>Korean Narcolepsy Patients Association Meeting</b>	
<b>Workshop (will be lectured in Korean)</b>		Seung-Chul Hong(Korea)
<b>Case-oriented Review of Diagnostic Tests for Narcolepsy and Hypersomnolence</b>		
11:00-11:30	Overview of narcolepsy and cases	Jihyun Lee(Korea)
11:30-12:00	Polysomnography& Multiple sleep latency test in Narcolepsy and Hypersomnolence	Yoo Hyun Um(Korea)
12:00-12:30	HLA typing and Hypocretin in Narcolepsy and Hypersomnolence	Tae Won Kim(Korea)
<b>12:30-13:20</b>	<b>Lunch time</b>	
13:20-13:30	Opening ceremony & Registration	
<b>Symposium 1</b>		Jung Hie Lee(Korea) Jin-Hee Han(Korea)
<b>Narcolepsy Overview and H1N1 Infection</b>		
13:30-13:50	Genetics of narcolepsy and hypersomnia	Miyagawa(Japan)
13:50-14:10	H1N1 infection and narcolepsy: overview	Fang Han(China)
14:10-14:30	Psychiatric comorbidity of narcolepsy	Weichih Chin(Taiwan)
14:30-14:50	Q & A	
<b>14:50-15:10</b>	<b>Coffee Break</b>	
<b>Symposium 2</b>		Takashi Kanbayashi(Japan) Seung-Chul Hong(Korea)
<b>Asian Investigator's Session and Hot Topics</b>		
15:10-15:30	Polysomnographic assessment of sleep comorbidities in drug-naïve narcolepsy-spectrum disorders-A Japanese cross-sectional study	Taeko Sasai-Sakuma(Japan)
15:30-15:50	Traumatic narcolepsy	Seokhoon Chung(Korea)
15:50-16:10	EDS and napping in the elderly	Jung Hie Lee(Korea)
16:10-16:20	Q&A	
<b>Symposium 3</b>		Chung-Tai Lee(Korea) Kyu-In Jung(Korea)
<b>Differential Diagnosis of Hypersomnia</b>		
16:20-16:35	Idiopathic Hypersomnia VS Narcolepsy type 2	Jihye Oh(Korea)
16:35-16:50	Idiopathic Hypersomnia VS EDS of sleep apnea	Sangeun Yang(Korea)
16:50-17:05	Overview and Genetics of Klein Levin Syndrome	Seunghoon Ro(Korea)
17:05-17:20	Current issues in treatment of idiopathic hypersomnia	Sungjune Bae(Korea)
17:20-17:30	Q&A	

## March 25(Saturday). COEX(308)

08:00-08:10	Opening & Registration	
<b>Keynote lecture</b>		Jung Hie Lee(Korea)
08:10-09:00	Are sleep disorders dangerous? The narcolepsy/hypersomnolence case	Maurice M Ohayon(USA)
<b>Symposium 4</b>		Yun Kwok Wing (Hong Kong) Yu-Shu Huang(Taiwan)
<b>Updates on the Pathophysiology of Narcolepsy</b>		
09:00-09:20	The structural and functional brain correlates of narcolepsy with cataplexy	Eunyeon Joo(Korea)
09:20-09:40	Familial narcolepsy	Fang Han(China)
09:40-10:00	Neuro-immune diseases in symptomatic narcolepsy	Takashi Kanbayashi(Japan)
10:00-10:20	CPT1 activity is a risk factor for narcolepsy and other hypersomnia, contribution of genetic factor with the interaction of obesity	Makoto Honda(Japan)
10:20-10:25	Q&A	
10:25-10:40	Coffee Break	
<b>Symposium 5</b>		Fang Han(China) Yuichi Inoue(Japan)
<b>Updates on the Diagnosis of Narcolepsy</b>		
10:40-11:00	Diagnostic efficacy of MSLT in clinical settings	Seung Chul Hong(Korea)
11:00-11:20	Type 1 and Type 2 Narcolepsy	Yu-Shu Huang(Taiwan)
11:20-11:40	Long term follow up of sleep parameters in narcolepsy patients	Yoo Hyun Um(Korea)
11:40-12:00	Cutoff MSLT variables for the diagnosis of type 1 narcolepsy	Yuichi Inoue(Japan)
12:00-12:20	New polysomnographic methods to diagnose Type 1 narcolepsy	Emmanuel Mignot(USA)
12:20-12:25	Q&A	
<b>Luncheon symposium(ISS)</b>		Sung Wan Kim(Korea)
13:30-14:30	Excessive daytime sleepiness on obstructive sleep apnea syndrome	Chol Shin(Korea)
<b>Special lecture</b>		Seung-Bong Hong(Korea)
13:30-14:30	Update on the genetics and immunology of narcolepsy: narrowing down the mechanism	Emmanuel Mignot(USA)

<b>Symposium 6</b>		Seung-Chul Hong(Korea) In-Young Yoon(Korea)
<b>Updates on the Comorbidity and Prognosis of Narcolepsy</b>		
14:30-14:50	Definitions, comorbidity & prognosis of hypersomnolence	Maurice M Ohayon(USA)
14:50-15:10	Long-term outcome of narcolepsy	Yun Kwok Wing(Hong Kong)
15:10-15:30	Narcolepsy and mood disorders	Tae Won Kim(Korea)
15:30-15:50	Comorbid sleep disorders in Narcolepsy or detailed analysis on MSLT findings	Yuichi Inoue(Japan)
15:50-16:00	Q&A	
16:00-16:20	Coffee Break	
<b>Symposium 7</b>		Jin-Sang Yoon(Korea)
<b>Pharmacological Treatment of Narcolepsy and Hypersomnolence</b>		
16:20-16:40	Modafinil and armodafinil in the management of EDS	Sung Min Kim(Korea)
16:40-17:00	Xyrem, recent update on its clinical usage on narcolepsy patients	Jed Black(USA)
17:00-17:20	Treatment of child narcolepsy and hypersomnolence	Yu-Shu Huang(Taiwan)
17:20-17:30	Q&A	
17:30-18:00	<b>Board Meeting and Closing Ceremony</b>	

● **Board Meeting**

March 25, 2017, 5:30pm, COEX Room 308

● **Welcoming invitation dinner**

March 24, 2017, 7:00pm, Chaegundaam restaurant(Korean restaurant)

● **Gala dinner**

March 25, 2017, 7:00pm Pilkyungjae restaurant (Korean restaurant)

● **Poster abstract submission**

Researchers who are willing to submit their posters can send their abstracts to 1103narae@naver.com

## Faculty List

<b>Emmanuel Mignot, MD, PhD</b>	Department of Psychiatry and Behavioral Science, Stanford Center for Sleep Sciences and Medicine, Stanford University, USA
<b>Maurice M Ohayon, MD, DSc, PhD</b>	Chief of the Division of Public Mental Health and Population Sciences and Professor in the Department of Psychiatry and Behavioral Science for the Stanford University School of Medicine, also the Director of the Stanford Sleep Epidemiology Research Center (SSERC), USA
<b>Jed Black, MD</b>	Vice president, Sleep Medicine, Jazz Pharmaceuticals, and Consulting associate professor, Stanford Center for Sleep Science and Medicine
<b>Jung-Hie Lee, MD, PhD</b>	Department of Psychiatry, Kangwon University Hospital, Kangwon University, Korea
<b>Seung-Bong Hong, MD, PhD</b>	Sleep Center, Samsung Medical Center, Department of Neurology, Sunkyunkwan University School of Medicine, Korea
<b>Chol Shin, MD, PhD</b>	Department of Internal Medicine, Korea University, Korea
<b>Seung Chul Hong, MD, PhD</b>	Sleep Clinic, Department of Psychiatry St. Vincent's Hospital, the Catholic University of Korea, Korea
<b>Fang Han, MD</b>	Department of Pulmonary Medicine, The People's Hospital, the Director of Sleep Center in the Medical Science Center, Beijing University, China
<b>Yun Kwok Wing, MD, PhD</b>	Director of Sleep Assessment Unit, Honorary Chief of Service of Department of Psychiatry (Shatin Hospital & Prince of Wales Hospital), The Chinese University, Hong Kong
<b>Eunyeon Joo, MD, PhD</b>	Department of Neurology, Samsung Medical Center, Sungkyunkwan University School of Medicine, Korea
<b>Yuichi Inoue, MD, PhD</b>	Department of Psychiatry, Department of Somnology, Tokyo Medical University, Japan
<b>Takashi Kanbayashi, MD, PhD</b>	Akita University School of Medicine, Japan
<b>Makoto Honda, MD, PhD</b>	Seiwa Hospital, Institute of Neuropsychiatry, Tokyo, Japan
<b>Seokhoon Chung, MD, PhD</b>	Department of Psychiatry, Asan Hospital, Ulsan University, Korea
<b>Yu-Shu Huang, MD, PhD</b>	Director of Department of Child and Adolescent Psychiatry at the Chang Gung Memorial Hospital, Taipei, Taiwan
<b>Tae-Won Kim, MD</b>	Sleep Clinic, Department of Psychiatry, St. Vincent's Hospital, the Catholic University of Korea, Korea
<b>Yoo Hyun Um, MD, PhD</b>	Sleep Clinic, Department of Psychiatry, St. Vincent's Hospital, the Catholic University of Korea, Korea

## Appendix 1



### **1<sup>st</sup> Asian Narcolepsy & Hypersomnolence Society Meeting**

- **Registration form**

**First name**

**Last name**

**Position  
(Please circle in  
the brackets)**

- Physicians( )
- Sleep clinicians( )
- Residents( )
- Sleep technicians( )
- Students( )

**Clinical Affiliation**

**Mailing Address**

**Telephone**

**E-mail Address**

Please send this registration form to [1103narae@naver.com](mailto:1103narae@naver.com) by March 23, 2017