

## 第 29 回日本睡眠学会研究奨励賞論文と受賞者

### ○臨床系論文（疾患対象）

竹島 正浩

Physicians' attitudes toward hypnotics for insomnia: A  
questionnaire-based study  
Frontiers in Psychiatry 2023 Feb 14: 1071962

### ○非臨床系論文（非疾患対象）

岸 哲史

Phenotypic Interindividual Differences in the Dynamic Structure  
of Sleep in Healthy Young Adults  
Nature and Science of Sleep 2023:15,465-476

### ○機関誌掲載論文

天谷 美里

Effect of a short video on patients' motivation for dose reduction or  
cessation of hypnotics  
Sleep and Biological Rhythms 2023 21-3,299-308